



The University of British Columbia
 Faculty of Education
 Pre-Admission Academic Self-Assessment Worksheet
12 Month Secondary Option - HOME ECONOMICS
(For student's self-assessment only)

Name _____

Surname Given Name Initial

6 credits of English Literature and Composition _____

Home economics consists of family studies, food studies, and textile studies. An applicant must present at least two of these three areas. All applicants are encouraged to prepare to the extent possible in all three areas (see note 3 and 4 below).

CONCENTRATION or MAJOR: For the concentration, fill out items 1 and 2; for the major, fill out 1, 2 and 3.

Requirements	UBC Courses	Your courses
1) 12-18 credits of introductory courses In two areas from <ul style="list-style-type: none"> ▪ Food Studies ▪ Family Studies ▪ Textile Studies 	<ul style="list-style-type: none"> ▪ FNH 200 (3) and FNH 250, LFS 250 (6) ▪ PSYC 100 (6), SOCI 100 (6), SOCI 200 (3), SOCI 240 (3) ▪ THTR 205 (3) 	
2) 18 credits of third and/or fourth year level courses Must include 9 credits in <u>one area</u> from family studies, food studies and textile studies, and 9 credits in one of or a combination of the remaining two areas.		
a) Family Studies (at least one course in each of the three areas below) <ul style="list-style-type: none"> ▪ Family resource management ▪ Family relationships ▪ Human development 	<ul style="list-style-type: none"> ▪ FMST 238 (3), FMST 440 (3), SOCI 364 (3) ▪ FMST 312 (3), SOCI 320 (3), SOCI 354 (3), SOCI 413 (3), SOCI 415 (3), SOCI 476 (3) ▪ FMST 210 (3), FMST 314 (3), FMST 316 (3), SOCI 301 (3), SOCI 324 (3), SOCI 444 (3) 	
b) Food Studies (at least one course in each of the two areas below) <ul style="list-style-type: none"> ▪ Food ▪ Nutrition 	<ul style="list-style-type: none"> ▪ LFS 350 (3), FNH 313 (3), FNH 340 (3), FNH 341 (3), FNH 342 (3), FNH 401 (3), FNH 402 (3) ▪ FNH 350 (3), FNH 351 (3), FNH 355 (3), FNH 470 (3), FNH 473 (3) 	
c) Textile Studies <ul style="list-style-type: none"> ▪ Textiles ▪ Apparel construction ▪ Social/cultural aspects of clothing 	<ul style="list-style-type: none"> ▪ ARTE 305 (6) ▪ THTR 306 (3), THTR 406 (3), THTR 356 (3), THTR 456 (3) ▪ SOCI 342 (3) 	
3) 12 credits of third/fourth year level courses in one of or preferably any combination of family studies, food studies and textiles studies.	Courses from the above indicated	
Admission Average Calculation: A minimum average of 65% is required.	Concentration: Calculated on 18 credits of third/fourth year level courses specified above 2). Major: Calculated on 30 credits of third/fourth year level courses outlined in above 2) and 3).	

Note:

- 1) Applicants without textile courses or background are strongly recommended to complete UBC ARTE 305 (6) or one or more of the THTR courses listed above or at least two courses in textile studies from FASN 1115, 1215 and 2115 offered at Kwantlen University College.
- 2) Applicants, who have (will have) completed a degree in Applied Design, Family Studies, Home Economics, Human Ecology, Food & Nutritional Sciences or an equivalent at UBC or other institutions, are encouraged to apply.
- 3) Applicants preparing the combination of **food studies** and **textile studies** are advised to complete one course in each of introductory level and senior level **family studies** listed above.
- 4) Applicants preparing the combination of **family studies** and **food studies** or **family studies** and **textiles studies** are advised to enhance skill levels in **apparel construction** or **food preparation** in formal or informal settings. HMED 440 Textile Studies and HMED 441 Food Studies can be taken via distance education to meet deficiencies.
- 5) FNH 200 and 250 and AGSC 350 are offered via distance education.
- 6) The French immersion option is not available for Home Economics.



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Self-Assessment Worksheet Attachment

Course	Pre-requisites/Notes
LFS 250 Land, Food, and Community I	Offered on-line
LFS 350 Land, Food, and Community II	LFS 250, offered on-line
ARTE 305 Design in Art Education	Third year standing
FMST 210 Family Context of Human Development	
FMST 238 Family Resource Management	
FMST 312 Parent-Child Relationships	One of FMST 200, FMST 210
FMST 314 Relationship Development	One of FMST 200, PSYC 100, SOCI 240
FMST 316 Human Sexuality	One of FMST 200, PSYC 100, SOCI 240
SOCI 320 Diversity in Family Forms	One of SOCI 100, SOCI 200
FMST 322 Marital Interaction	One of FMST 200, SOCI 240
FMST 350 Clothing and Human Behaviour	12 credits in SOCI or PSYC
FMST 440 Family Economic Issues	FMST 238
FNH 200 Exploring our Food	Second year standing
FNH 250 Nutrition Concepts and Controversies	First year biology, second year standing, offered on-line
FNH 301 Food Chemistry 1	CHEM 203&204 or CHEM 231&232, or CHEM 205& 233
FHN 313 Microorganisms in Food Systems	Biology 112
FNH 340 Food Theory	FNH 200 and either all of CHEM 111, 113 or all of CHEM 121, 123
FNH 341 Food Theory Applications	Co-requisite: One of FNH 301 or 340
FNH 342 Consumer Aspects of Food	Third year standing
FNH 350 Fundamentals of Nutrition	Prerequisite: One of BIOL 201, BIOC 300 or co-requisite: BIOC 300
FNH 351 Vitamins, Minerals and Health	Prerequisite: One of BIOL 201, BIOC 300 or co-requisite: BIOC 300
FNH 355 World Problems in Nutrition	Third year standing
FNH 401 Food Chemistry 11	One of CHEM 232, 233
FNH 402 Functional Foods and Nutraceuticals	Third year standing
FNH 470 Nutrition and Disease	FNH 350
FNH 473 Nutrition Education in the Community	FNH 250 and fourth year standing
FNH 490 Topics in Food, Nutrition and Health	FNH 350 and fourth year standing
PSYC 100 Introductory Psychology	
SOCI 100 Introduction to Sociology	
SOCI 200 Sociology of the Family	
SOCI 240 Introduction to Social Interaction	SOCI 100
SOCI 301 Sociology of Development and Underdevelopment	SOCI 100
SOCI 320 Diversity in Family Forms	One of SOCI 100, SOCI 200
SOCI 324 Sociology of the Life Course	One of SOCI 100, SOCI 200
SOCI 354 Community Studies	SOCI 100
SOCI 364 Built Environments	One of SOCI 100, SOCI 200
SOCI 413 Family and Kinship	SOCI 100
SOCI 415 Theories of Family Kinship	One of SOCI 100, SOCI 200
SOCI 444 Sociology of Aging	One of SOCI 100, SOCI 200
SOCI 476 Interpersonal Dynamics	One of SOCI 100, SOCI 200
THTR 205 Design Graphics	
THTR 306 Costume Design 1	THTR 205
THTR 406 Costume Design 2	THTR 306
THTR 356 Costume Construction 1	Third year standing
THTR 456 Costume Construction 2	THTR 356

For detailed information on courses, scheduling etc., please go to the web site at <http://students.ubc.ca/courses>. Because of the scarcity of courses offered in BC universities that may be applied to fulfill admission requirements for secondary Home Economics, we provide the above list of UBC courses.